Guidelines for Submitting Rabies Specimens



Randy Groepper B.S., SM(ASCP) Lead Rabies Technologist

University Hygienic Lab

Hours of Operation

- ► Monday Friday 8:00 am to 5:00 pm
- ► Saturday

9:00 am to 12:00 pm

Sundays and Holidays on call coverage

Contacting UHL

► Phone 319-335-4500

During regular business hours:

Ask for the Rabies Lab



Voice mail answered next working day Option to contact on call officer

Turnaround Time

- ► Sample must arrive by noon on regular business days to ensure same day completion of rabies testing.
- ► Initial preparation done throughout the day
- ► PRIORITY given to Human exposure cases

Rabies Test Request Forms

- ► Available at the UHL website http://<u>www.uhl.uiowa.edu</u>/kitsquotesforms/index.htm
- Order by phone ask for kits/forms supply desk

Reports

- ► Negative results will be mailed, unless a phone report is requested
- All other results will be phoned and mailed including positive, indeterminate and unsatisfactory specimen reports

Rabies Samples

- ► No live animals, except bats delivered to lab by client
- ► Intact head only for animals.
- ▶ Submit the entire carcass of bats.
- ► Keep sample refrigerated, do not freeze.
- Sample should arrive in lab within 48 hours of shipment date

Packaging sample for shipment

- A. Seal head in plastic bag
- B. Place bagged head in a rigid, sealable container.
- C. Place ice packs around head
- D. Seal the container
- E. Place Test Request Form in a separate plastic
- F. Place container and Test Request Form in a heavy cardboard mailing box.

Shipping sample

- ▶ Do not ship by U.S. mail
- ► Most samples delivered to lab by owner or by person bitten
- Call Lab for instructions especially if sample will arrive after hours or on a weekend or holiday

•		
•		
•		
,		
,		
•		
,		

Required Brain Parts

- ► Brain Stem
- ► Cerebellum and/or hippocampus

Typical Animal Brain

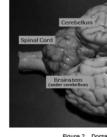


Figure 2. Dorsal view of brain.

Instructions for after hours or weekend/holiday shipments

- ► Call lab for instructions:
 - ▶To get directions for after hours sample depository
 - ▶To ensure that necessary personnel are notified

Rabies Test

- ► Based on CDC protocol developed in conjunction with several state public health laboratories.
- ► Initiated at Hygienic Lab in 2002

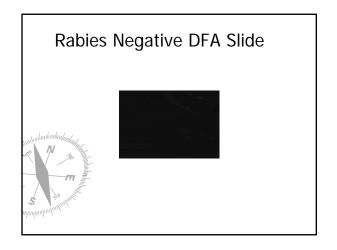
Rabies Test Procedure

- A. Brain removed from skull
- B. Impression slides
 - 1. Brain Stem
- 2 Cerebellum or Hippocampus
- C. Dry and fix slides (90 min.)
- D. Stain impressions (1 hour start to read)
- E. Read slides

Rabies Positive DFA Slide







6	